WICTA

Women in Cardiothoracic Anesthesia



A Special Interest Group of SCA

SUMMER 2023

Message from the Chair



DR. BOLA FALOYE

Dear WICTA members,

The COVID-19 pandemic was a long traumatic experience that unearthed a need, in many of us, for better work/life balance, a need to be present, in the moment, a need to live fully. Unsurprisingly, many of us are seeking to make changes to our work life to bring it into

better harmony with our needs. Amidst this reality, many workplaces are experiencing severe staff shortages, placing an even heavier burden on those already taxed or experiencing burnout.

As I consider prioritizing my wellness and creating more balance between work and life, I am struck by a fear of losing ground, after all I worked so hard for my merits. I recently met with a group of high achieving women in medicine and learned that I am not alone in thinking this. As we struggle to carve out a new way of doing things, we are looking to leaders, peers, colleagues for validation and approval, wondering if they are taking time to take care of themselves.

Whilst grappling with these realities, the US Supreme Court decision on affirmative action has created new concerns that progress made in racial and gender equity is being undercut. While affirmative action was imperfect, it was a deliberate commitment cemented into law that created opportunities to right past wrongs. Today, we continue to grapple with the reality of racial injustice and gender inequity, with hopes that equal opportunity is created for all.

The underpinning of WICTA is to be an intentional community that promotes equity in our specialty but especially to be a community of comrades, creating support to fuel resilience. I believe good mentorship, including peer mentorship, has never been more important- let us all model what we would like to have. I encourage all to prioritize kindness to self and others, especially as we create or redraw boundaries, lean into healthy relationships and be intentional about connecting with others.

It was a pleasure meeting with and connecting with so many of you in Portland. I would like to honor Daryl Oakes, whose shoes I most certainly will not fill. Daryl's passion fueled and built WICTA into what it is now- an organization that strives for equity and excellence. As I take the reins, I fully recognize the honor of serving and would also like to thank you for the privilege of being your new chair.

With gratitude,

Bola

OUR MISSION AND PURPOSE

The mission of the SCA Women in Cardiothoracic Anesthesia Special Interest Group (WICTA SIG) is to ensure excellence in quality of patient care through promoting a diverse, inclusive and equitable professional community in our specialty.

Our purpose is to recruit, develop, and promote women and under-represented minority (URM) physicians and leaders in cardiothoracic anesthesiology.









WICTA

2023 SCA Annual Meeting Recap

It was truly amazing to meet with so many of you in person at the SCA annual meeting in Portland. We had an in-person business meeting; thank you to those who were able to join. We have provided a brief recap in the following pages. We received great feedback from the in-person survey distributed at the meeting, thank you for sharing your thoughts about member needs.

We are very excited to incorporate your suggestions.























2023 WICTA AWARDS

We were delighted to recognize and honor many outstanding WICTA members this year for their dedicated service and unwavering support. Here are the winners.



Excellence in Mentoring Award

Awarded to an SCA-WICTA member in recognition of their commitment to mentorship and sponsorship of faculty members in anesthesiology.

Jochen "Danny" Muehlschlegel, MD, MMSC, MBA, FAHA Director of the Department of ACCM Johns Hopkins University School of Medicine



She LEADS Award

Awarded to an SCA-WICTA member in recognition of their commitment and leadership to promote diversity, equity, inclusivity, altruism, and belonging at the local and national level.

Daryl A. Oakes, MDClinical Professor of Anesthesiology, Perioperative and Pain Medicine
Stanford University School of Medicine



Distinguished Service Award

In recognition of extraordinary contributions to the advancement of women in cardiac anesthesiology.

Lavinia Kolarczyk, MDProfessor of Anesthesiology
University of North Carolina



Distinguished Service Award

Kelly Ural, MD
Residency Program Director
Oschner Medical Center



Distinguished Service Award

Seema Deshpande, MDAssociate Professor of Anesthesiology
University of Maryland



Outstanding Service Award

In recognition of outstanding leadership in the advancement of women in cardiac anesthesiology.

Abimbola (Bola) Faloye, MD, FASA, FASE Associate Professor of Anesthesiology Emory University School of Medicine







2023 WICTA AWARDS

3rd Annual Souter Professional Coaching Scholarships

WICTA is privileged to be a recipient of a generous donation of professional coaching from Dr. Karen Souter, MB BS, PCC, FRCA, MACM. Dr. Souter is a well-regarded Professor of Anesthesiology at University of Washington, and an International Coaching Federation Associate Certified Coach.

This year, three WICTA members were nominated to receive these scholarships.



Kelly G. Ural, MDResidency Program Director
Ochsner Medical Center



Sophia Poorsattar, MDAssistant Clinical Professor of Cardiothoracic Anesthesiology UCLA- Veterans Administration Medical Center



Ragini G. Gupta, MD Assistant Professor of Clinical Anesthesiology Temple University Health System

Social Media Corner



A link to our WICTA web page can be found on the SCA website under the "membership" tab. We are working on re-designing this site to make it easier to find and better meet our member's needs. Stay tuned for updates.

To stay better connected, follow us on Twitter, Instagram, and Facebook, and join our WICTA Facebook group. Anyone can join our Facebook group, and any member can post to the page. This is a great place to network with other members, ask questions, list job openings, etc.

Got something exciting you need to tweet – send us an email at wicta@scahq.org and let us know about your recent publication, promotion, etc. and we'll share on our social media sites.

Let Us Do the Bragging for You!

Twitter: @womeninctanes

Facebook: WICTA page and WICTA Facebook group

Instagram: @WICTA









2023 WICTA ELECTIONS

Thankyou

Thank you for participating in the WICTA Executive Board elections!

We are excited to announce the winners comprising the incoming board (2023-2025)



Chair Abimbola (Bola) Faloye MD, FASE, FASA **Emory University**

School of Medicine



Chair-Elect **Emily Methangkool** MD, MPH **UCLA**



Communications Liaison Chandrika Garner MD, FASE Wake Forest Health Systems



Member Engagement & Networking Liaison Agnieszka Trzcinka MD, FASE Tufts Medical Center



Professional Development Kiran Belani MD, FASE Northwestern



Research Liaison **Nadia Hensley** MD Johns Hopkins University School of Medicine



Scholarship & Awards Liaison Melinda Eshelman University of Kentucky



Social Media Liaison Shanna Sykes Hill MD Weill Cornell Medicine



Website Liaison Seema Deshpande **MBBS** University of Maryland

Incoming Members-at-Large

Charlene Blake, MD, PhD University of California San Francisco

Susan Eagle, MD Vanderbilt University Medical Center

Ragini Gupta, MD Temple University Health System

Julie Wyrobek, MD University of Rochester Medical Center

Raiyah Sheriffdeen, MD MedStar Union Memorial Hospital

Soojie Yu, MD Mayo Clinic Arizona

A HUGE THANK YOU to Our Outgoing **Board Members**

Immediate Past Chair: Daryl Oakes, MD

Communications Liaison: Kelly Ural, MD

Member Engagement & **Networking Liaison:** Choy Lewis, MD

Research Liaison: Anne Cherry, MD

Scholarship and Awards: Stephanie Ibekwe, MD, MPH, MS

Social Media Liaison: Sam Mondal, MBBS, FASE





2023 WICTA BOARDS

WICTA Advisory Board (2023-2025)

WICTA is privileged to have the support and counsel of a diverse advisory board.

Amanda Fox, MD Kathy Glas, MD SCA President SCA President



Outgoing WICTA Advisory Board Members:

We are grateful to our outgoing advisory Board members and thank them for their mentorship and staunch support:

Dalia Banks, MD

Michael Eaton, MD

G. Burkhard Mackensen, MD

Stanton Shernan, MD

Linda Shore-Lesserson, MD

Christopher Troianos, MD

J. Daniel Muehlschlegel, MD Andrew Shaw, MD

We would like to thank the following incoming members for joining the WITCA Board and look forward to a fruitful term.

Bruce Bollen, MD
Joanna Chikwe, MD
Daniel Cole, MD
Hilary Grocott, MD
Jiapeng Huang, MD
Lou Mitrev, MD
Daryl Oakes, MD
Saadia Sherwani, MD
Sasha Shillcutt, MD
Michele Sumler, MD



Speaker Database

The WICTA speaker database is up and running. Upload your information so those looking for speakers can contact you for potential speaking engagements. If you've given local lectures, grand rounds, talks at regional or national meetings, etc, you are more than qualified! We would love for all our members to be recognized for their hard work. A link to enroll can be found on our webpage or Click Here

If you or someone in your department is looking for speakers for Grand Rounds, conferences, etc. please submit an inquiry directly to wicta@scahq.org to be provided with a list of speakers in the content areas you specify.

Fellow Webinars

WICTA, in conjunction with the SCA Member Engagement Committee hosts periodic, educational webinars for ACTA fellows and other trainees with an interest in Anesthesiology. Our most recent webinar on June 15 was "Preparing for your first job in academics or private practice: What you should know!" This event was a huge success. Past webinars are recorded and made available on the SCA website. Click Here

Please stay tuned for the next webinar – the date and topic will be announced soon.

WICTA EVENTS AT THE ASA — We know many of you will be heading to San Francisco for the ASA meeting and we would love to provide an opportunity to connect and network! *More details coming soon!*





PROFESSIONAL DEVELOPMENT & MENTORING **PROGRAM**



The Professional Development and Mentoring Program pairs early/mid-career faculty with more experienced faculty for mentoring. The current installment of our professional development mentoring program, on academic writing, is ongoing. The goal is to help women cardiac anesthesiologists to become first authors on papers. We are pairing with JCVA to help with publications and have created publication pods to connect faculty with mentors for writing on specific topics.

A call was sent out asking for participants, and several of the publication pods are up and running. We still have room for people who are interested, so please reach out to Emily Methangkool (EMethangkool@mednet.ucla.edu) if you are interested in being involved in the writing pods.

JOB LISTINGS

Please email wicta@scahq.org with any job postings as well as open fellowship spots or candidates seeking fellowship for the 2024 academic year.

The School of Medicine of the University of North Carolina at Chapel Hill seeks an accomplished and energetic leader to serve as Chair for the Department of Anesthesiology.

The Department of Anesthesiology is nationally recognized for its excellence in clinical care, research, and education. The Department is comprised of more than 350 faculty, staff, and trainees who sustain and drive the mission of the Department. In FY22, the Department provided clinical anesthesia services for over 103,000 patient encounters. Each day we provide care in an average of 101 anesthetizing sites. In addition to patient care, the Department teaches residents and medical students the specialty of anesthesiology and, through educational outreach programs, educates the medical community on the highest standards of anesthetic care. The selected individual will provide leadership and direction for clinical health care across 8 academic divisions and 12 program sections including Ambulatory, Cardiothoracic, Critical Care, General, Liver Transplant, Neuroanesthesia, Obstetric, PreAnesthetic Care, Endoscopy, Pain Management, Pediatric Anesthesia, Regional Anesthesia and Community Practice Anesthesiology. In addition to the academic practice locations, the Department provides anesthetic care in some of UNC's affiliated healthcare system hospitals utilizing an employed group of private practice physicians. https://unc.peopleadmin.com/postings/255240 contact Courtney Sola, Recruiting Consultant courtney.sola@unchealth.unc.edu.

Ochsner LSU Health Shreveport and LSU Health Sciences Center-Shreveport has retained Cejka Search to recruit an accomplished physician leader to serve as Chair, Department of Anesthesiology.

The Chair of Anesthesiology exemplifies exceptional leadership, continues the pursuit of clinical and academic excellence, and fosters interdisciplinary management of the departments 24 full-time faculty and staff. The Chair will lead the department with the development and implementation of a dynamic vision for future success while collaborating with the Dean and other Department Chairs in the ongoing evolution and success of the school. The Chair will build upon the excellent foundation of full-time faculty and staff, working collaboratively with a broad range of constituents both internally and externally, and managing and overseeing 32 residents and 2 fellows. An innovative and dynamic member of the LSU Health Shreveport Leadership team, The Chair reports directly to the Dean of the LSU School of Medicine in Shreveport and will continue to advance the department in services and faculty growth as the department increases responsibility in healthcare outreach with efforts to be progressively available to all patients. The Chair will collaborate with the leadership of Ochsner Health which manages the primary teaching hospitals in Shreveport and Monroe in partnership with LSU. The department of Anesthesiology is supported by fellowship-trained and highly experienced anesthesiologists in nine areas of specialty including: Airway, Acute Pain, Cardiothoracic, Neuro, Obstetric, Pediatric, Vascular Anesthesia, Chronic Pain, and Intensive Care. Interested candidates should contact Christopher Perry, Associate Consultant cperry@cejkasearch.com.

Temple University Health System in Philadelphia, PA is looking for full-time CT-trained colleagues to join the CT division. More details to follow.







