**Women in Cardiothoracic Anesthesia** 

A Special Interest Group of SCA









## **CELEBRATING 5 AMAZING YEARS**

In May 2018, 50 women cardiac anesthesiologists and a handful of male colleagues gathered in a meeting room at the SCA Annual Meeting in Phoenix Arizona and voted to form the Women in Cardiothoracic Anesthesiology as a special interest group within the SCA. The establishment of WICTA was a culmination of several years of formative efforts and discussions among women in our field frustrated about the challenges they experienced in navigating professional environments and accessing professional opportunities. The goal of WICTA then, and now, has been to increase visibility of women in our field, connect women in cardiac anesthesiology to professional opportunities, and support the

development of women

leaders in our specialty.

In the last few years, WICTA has worked with leaders in the SCA and women nationally to elevate conversations on professional gender barriers and need for more diversity, equity, and inclusion in our field. And while we still have a long way to go, we have seen important progress: a 2-fold increase in the involvement of women in SCA leadership committees, new SCA grant funding opportunities for women and URiM physicians, increased diversity in SCA meeting panels and speakers.

WICTA has always focused its efforts on programs that create opportunities for women to build careers, and forge through challenges we all face in the workplace.



DR. DARYL OAKES

Our goal has been to fill the gaps we have experienced in our professional development and create the programs "we wish we had had." This year we are renewing our commitment to our mission to increase diversity in all areas of cardiac anesthesiology, with a focus on authorship. We recognize that women make up less than 20% of editorial boards, and women are less likely to be published, particularly as 1st or last authors. Our goal is to close this gap. This year, WICTA is launching

> a Publication Pods initiative. The program will connect women

> > with mentored opportunities to develop scholarly manuscripts for publications. We are very excited about this opportunity to increase scholarship productivity for our members and hopefully help decrease barriers for women in the editorial process.

In its short history, WICTA has demonstrated the tremendous productivity of women when we work together

and the power of professional women networks. A lot of amazing work has been done, but this is only the beginning. As we go forward into our next 5 years, I hope our members will continue utilizing the WICTA network and platform to build what "needs to exist". We are now calling for nominations of new energized women to join our executive board. Please consider adding your name to our upcoming election ballot. Your ideas and willingness to create change are all that are needed!



DR. BOLA FALOYE







# WICTA Membership News

## **Getting Involved**

WICTA was created with the purpose of recruiting, developing, and promoting women and underrepresented minority physicians as leaders in cardiothoracic anesthesiology. We want to ensure all WICTA members are aware of the many ways you can stay connected and engaged with our special interest group.

- Visit our **website Click Here** for additional information on WICTA and our many programs and activities.
- Our **newsletter** is a great source for updates on current and future WICTA offerings.
- Attend one of our virtual or in-person events which are offered throughout the year.
- Working meetings are held monthly and they are open to members of the executive committee as well as other members who are working on specific projects. If you are interested in getting involved in a project, please contact Choy Lewis Choy.Lewis@nm.org
- We are active on social media and would love for you to join our network. Please follow us on Twitter @WomenInCTAnes, on Instagram @WICTA, and join our WICTA Facebook group where anyone can post questions or list job openings, etc.
- Be the first to know about the awards and scholarships offered by WICTA.

### Social Media Corner 💆 in f



To stay better connected, follow us on Twitter, Instagram, and Facebook, and join our WICTA Facebook group. Anyone can join our Facebook group, and any member can post to the page. This is a great place to network with other members, ask questions, list job openings, etc.

Got something exciting you need to tweet - send us an email at WICTA@scahq.org and let us know about your recent publication, promotion, etc. and we'll share on our social media sites.











## WICTA





## Annual Meeting & Workshops – May 6-9



The annual meeting will be here soon and based on the incredible attendance at last year's networking event, we will be hosting another event at this year's meeting. We hope to see you there.

Check your email for more details as we get closer to the meeting.

## **Meeting Submissions**

Are you looking to get more involved with the SCA or ASA annual meetings but not sure how? It helps to know the timeline and details around submissions for panels, abstracts, and PBLDs (Problem Based Learning Discussions).

For the TAS/SCA Annual Meeting, the panels are created by the Scientific Program Committee, but all members are encouraged to submit scientific abstracts, super echo, and complex cases. The submission site is typically open from early September – late November.

The timetable around submissions for the ASA annual meeting is listed below using the 2023 meeting as a reference. You can see there is still time to submit Scientific Abstracts, Medically Challenging Cases, and Quality Improvement Projects.

### **Anesthesiology 2023 Submission Opportunities**

General Session Submissions: August 31 - November 30, 2022

RCLs, Panels, Point Counterpoints, Clinical Forums, Snap-Talks, Hands-on Workshops, Interactive Tutorials

Problem-Based Learning Discussion Sessions: December 12, 2022 - February 8, 2023

Scientific Abstracts: January 9 - April 5, 2023

Scientific and Educational Exhibits: January 9 – April 5, 2023

Medically Challenging Case and Quality Improvement Projects: February 8 - May 17, 2023

#### **OUR MISSION AND PURPOSE**

The mission of the SCA Women in Cardiothoracic Anesthesia Special Interest Group (WICTA SIG) is to ensure excellence in quality of patient care through promoting a diverse, inclusive and equitable professional community in our specialty. Our purpose is to recruit, develop, and promote women and under-represented minority (URM) physicians and leaders in cardiothoracic anesthesiology.









# WICTA Elections

Our WICTA executive team is always looking for new members who wish to take a more active role in our special interest group. The current 2-year term period is coming to a close. We will be holding the next round of elections soon and we encourage you to review the following positions and consider applying. Details regarding the application process, as well as an official application form will be sent later. Please note that all members of the WICTA executive committee must be active SCA members.



#### **CHAIR**

**Position Description:** The chair position will supervise and oversee all WICTA programming and activities to ensure the promotion of WICTA's stated mission and purpose. The Chair will work closely with the Chair-Elect and the Executive Board members, with guidance from the Advisory Board and with input from general WICTA members. **Eligibility:** The term will be 2-years, and the position is filled by the Chair-Elect after 2-years.

#### **CHAIR-ELECT**

**Position Description:** Chair-Elect position works closely with the Chair to implement and organize all WICTA programming and activities and promote WICTA's stated missions and purpose. The Chair will work with the Executive Board members, with guidance from the Advisory Board, and input for general WICTA members. The term will be 2-years, at which time the Chair-Elect will transition to the Chair position for another two years. **Eligibility:** Open to all WICTA members who have demonstrated active involvement in WICTA and significant work in DEI.

#### **COMMUNICATIONS LIAISON**

**Position Description:** Responsible for email communications, newsletters, membership email lists, and works closely with social media liaison. The term will be 2-years.

Eligibility: Open to all WICTA members.

#### **SOCIAL MEDIA LIAISON**

**Position Description:** Responsible for membership engagement through our social media platforms, work with other executive team members to promote WICTA events. The term will be 2-years.

Eligibility: Open to all WICTA members.

#### **WEBSITE LIAISON**

**Position Description:** Works with the SCA management company to update and maintain the WICTA page housed within the SCA website.

Eligibility: Open to all WICTA members.

#### **RESEARCH LIAISON**

**Position Description:** Responsible for leading the research efforts and programs to increase research engagement by women and URM physicians in cardiothoracic anesthesiology. The term will be 2-years.

Eligibility: Open to all WICTA members.

#### **SCHOLARSHIP & AWARDS LIAISON**

**Position Description:** Responsible for creating a mechanism to recognize and elevate women and URM physicians in cardiothoracic anesthesiology. The term will be 2-years.

Eligibility: Open to all WICTA members.

#### **MEMBERSHIP ENGAGEMENT & NETWORKING LIAISON**

**Position Description:** Responsible for events and programs to enhance the connections and networks between our members. The position may also include coordinating and supporting local groups of WICTA members who create a community in their immediate communities. The term will be 2-years.

Eligibility: Open to all WICTA members.









# WCTA Awards & Scholarships

There is still time to apply for our next round of WICTA awards and scholarships. Please consider nominating yourself or someone you know for one of the following leadership awards. The application period closes on March 10, 2023, at 11:59 PM EST.

### WICTA Leadership Recognition Awards

#### **Excellence in Mentoring Award**

Awarded to an SCA or WICTA member in recognition of their commitment to mentorship and sponsorship of faculty members in anesthesiology. Letter of nomination should describe the details of extent of mentoring and sponsoring activities, and their outcomes for the mentees, such as scholarship, grant funding, promotions, leadership positions. Letters of support from past or current mentees are required. Evidence of longitudinal mentoring practice is encouraged. In addition, presence of a mentoring chain linking nominee with their mentees, who in turn are mentors should be highlighted when possible.

**Application: CLICK HERE** 

#### She LEADS Award – Leadership, Equity, Altruism, Diversity, and Subsumption Award

Awarded to an SCA or WICTA member in recognition of their commitment and leadership to promote diversity, equity, inclusivity, altruism, and belonging at the local or national level. A positive impact on healthcare outcomes is the goal. In addition, tangible impact on diversity and equity metrics of the healthcare workforce such as promotions, recruitment, retention, professional development is sought. Evidence of community service and its impact should be provided when available. Other supporting evidence such as publications, speaking engagements, and committee work are encouraged and will be taken into consideration.

**Application: CLICK HERE** 

### **WICTA Scholarship Awards**

#### **WICTA Professional Coaching Scholarship**

Dr Karen Souter has generously donated four coaching scholarships to WICTA. Dr. Souter is a full professor in the Department of Anesthesiology and Pain Medicine at the University of Washington and is a fully trained, International Coaching Federation Associate Certified Coach. She spent 23 years as a medical educator and clinician and has had success coaching mid-career faculty to achieve their leadership and academic development goals. Her coaching package has been well received among previous WICTA scholarship award recipients. Scholarship Recipients will receive three coaching sessions delivered over 3 months at no cost

**Application: CLICK HERE** 

#### **WICTA Professional Development Scholarship**

WICTA members are invited to apply for the WICTA Professional Development Award, a \$1000 Scholarship to the Brave Enough Women's CME Conference (BE23) Sponsored by Dr. Sasha Shillcutt. This Scholarship will be awarded to one WICTA member who is within 10 years of graduating fellowship. This scholarship will be awarded to a member who has demonstrated a commitment to professional development by engaging in leadership activities at a local, national, or international level. The winner of this scholarship should indicate their professional and career goals and demonstrate how the BE23 Conference can help them in achieving these goals. Details about the conference and the link to apply can be found below.

**Application: CLICK HERE** 











## **WICTA Professional Development Series**

Our professional development series has hosted some amazing speakers. In December, we were honored to have Dr. Saadia S. Sherwani, Senior Vice President and Chief Medical Officer, Northwestern Memorial Hospital speak on Values-Based Leadership in Healthcare. The full presentation can be found here WICTA Past Events.

## **WICTA Speaker Database**

The WICTA speaker database has already contributed to multiple speaking arrangements for our members and is being used more frequently by chairs and cardiac anesthesiology division chiefs planning grand rounds, etc. Please upload your information so those looking for speakers can contact you for potential speaking engagements. If you've given local lectures, grand rounds or talks at regional or national meetings you are more than qualified for our database! We would love for all our members to be recognized for their hard work.

A link to enroll can be found on our webpage or click the link here: WICTA Speaker Database.

If you or someone in your department is looking for speakers for Grand Rounds, conferences, etc. please submit an inquiry directly to WICTA@scahq.org to be provided with a list of speakers in the content areas you specify.



### **JOB LISTINGS**

**Mount Sinai Morningside-West** Medical Centers are looking for a Cardiothoracic Anesthesiologist to join our group.

The ideal candidate will enjoy working in an academic environment with residents and fellows and can collaborate with multiple disciplines including Surgeons, CRNAs and cardiologists. The case variety will include cardiac and thoracic cases, a busy electrophysiology case load, a good mix of structural cases and high acuity vascular cases.

As clinical faculty, the candidate will have faculty appointment with Mount Sinai Health Systems, including could take part in research, teaching opportunities and other educational activities.

If interested, please reach out to Himani V. Bhatt at himani.bhatt@ mountsinai.org.

Is your department looking to hire? Let us do some advertising for you!

Please send job listings to WICTA@scahg.org and we'll be happy share with our members. You can also post to our Facebook group.









## WICTA



Join Us at Brave Enough

#### Brave Enough 2023 WOMEN'S CME MASTERMIND CONFERENCE

September 28 - October 1, 2023 Scottsdale, AZ

The ULTIMATE CME coaching gathering of the year!

At the Brave Enough Conference, you are not an attendee or a registrant,
you are our GUEST. And we welcome and celebrate YOU!

Join us for a place to pause, take inventory of what you need to grow professionally as a woman physician, and create amazing friendships that last all year. There is simply no other level-up, life-changing conference as the BE 2023 Women's CME Conference -- with an added dose of fun!

Wouldn't you like to earn CME credits while learning about physician burnout treatment and what you can do about it?

Additional conference information can be found: https://www.becomebraveenough.com/save-the-date-for-be23

## **GOPEN Writing Workshop Series**

The Gopen Writing Workshop teaches writing techniques applicable to many types of writing, including scientific writing. These tutorials were highly recommended by our last WICTA Webinar speaker, Dr. Swaminathan, as a great resource to anyone looking to publish scholarly work. We are pleased to share that WICTA was able to secure a 33% discount (original cost \$600) for any interested member. More information can be found at <a href="https://GeorgeGopen.com">https://GeorgeGopen.com</a>.

Please email Dr. Bola Faloye to obtain your unique code prior to registering at aopanug@emory.edu.

Link to register: <a href="https://georgegopen.com/videos">https://georgegopen.com/videos</a>

Code: Email <u>aopanug@emory.edu</u> for your unique discount code prior to registering

**Payment:** Pay directly on the website

**Duration:** This is a rental. You will have unlimited access for 1-year from the time you register.

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