

## Enhanced Recovery After Cardiac Surgery (ERACS) Sub-Committee

### Committee Charge

The mission of the SCA ERACS Sub-Committee is to help guide the successful establishment of enhanced recovery after cardiac surgery programs.

The goal of the SCA ERACS Sub-Committee is to produce expert opinion on principles necessary to implement an enhanced recovery after cardiac surgery (ERACS) program across a wide range of practice settings, from community-based hospitals to large academic centers.

### 2024-25 Benchmarks

*(Action items for upcoming year)*

1. Complete recorded presentations and panel discussion (goal is total of 4) in collaboration with RACER SIG for the SCA University. Topics:
  - Regional anesthesia in cardiac surgery: starting and sustaining a program
  - Current evidence and guidelines for regional and enhanced recovery in cardiac surgery
  - Surgical partnerships: dispelling myths, addressing concerns, shared interests
  - Practice smorgasbord: how regional and/or ERPs fit into my practice (rapid round robin)
2. ERACS/ERATS survey will be sent to SCA and ASA membership in the coming weeks. During the upcoming year we will:
  - Analyze survey results
  - Prepare manuscript and submit for publication
  - Work with SCA to disseminate results to membership and interpret results re: educational plans for SCA
3. Formulate session proposals for SCA 2026 related to ERACS topics

### 2024-25 Committee Members

Alexander Gregory, MD - Chair

Wanda M. Popescu, MD – Parent Committee Chair

Michael Grant, MD – Parent Committee Vice Chair

Abimbola (Bola) Faloye, MD – Board Liaison

Taysir Awad, MD

Theodore J. Cios, MD

Elizabeth Cotter, MD

Matthew B. Ellison, MD

Carlos Galhardo Jr., MD

Joshua Knight, MD

Michael W. Manning, MD

Ovidiu Moise, MD

Raiyah Sheriffdeen, MD

Karen Singh, MD

Kathiravel Subramaniam, MD